

# Sample Menu

## MONDAY

### Good Morning

Cinnamon apple French toast and applewood smoked bacon

### Simply Salads

Spinach salad with Craisins and toasted wheat berry

### Grill & Co.

Grilled turkey burger and avocado mash topped with frizzled onions

### Market St. Deli

London broil and horseradish cheddar with onion jam, pretzel roll

### Italian Kitchen

Italian sausage and roasted pepper flatbread pizza

### The Main Dish

Sizzling chicken fajitas, Mexican rice, black beans, roasted vegetables and house salsa

### Chef Inspired

Beef ribs, chicken, sweet corn, baked beans and tomato salad

### Global Market

Italian manicotti with marinara sauce, braised greens and garlic bread

### The Soup Bowl

Hearty chicken noodle

### Sweet Treats

Jumbo chocolate chunk cookies

## TUESDAY

### Good Morning

Chorizo, potato, egg and cheese burrito

### Simply Salads

Roasted cauliflower salad with spiced lentils and pumpkin seeds

### Grill & Co.

BBQ chicken quesadilla

### Market St. Deli

Corned beef Reuben, grilled on hearty marble rye

### Italian Kitchen

Roasted vegetable pesto pizza

### Chef Inspired

Pesto salmon with garlic whipped potatoes and asparagus

### The Main Dish

Fish and chips, beer-battered cod, crispy fries with housemade tartar sauce and lemon

### Global Market

Chicken coconut curry, jasmine rice, green beans, roasted mushrooms

### The Soup Bowl

Italian wedding

### Sweet Treats

Strawberry granola parfait

Barista Coffee  
ALL DAY M-F

## WEDNESDAY

### Good Morning

Breakfast bread pudding with caramelized onions and Black Forest ham

### Simply Salads

Quinoa salad with roasted vegetables and chipotle-lime dressing

### Grill & Co.

Italian Parmesan risotto, vegetable toss-ins, selection of proteins and cheeses

### Market St. Deli

Mesquite smoked turkey club ciabatta

### Italian Kitchen

Brussels sprouts, pancetta and Alfredo pizza



## THURSDAY

### Good Morning

Blueberry buttermilk pancakes and grilled turkey sausage

### Simply Salads

Summer Greek salad with feta

### Grill & Co.

Crispy chicken super club

### Market St. Deli

Chipotle chicken wrap, avocado, fontina and shredded kale with garlic mayo

### Italian Kitchen

Meatball calzone with house marinara

### The Main Dish

Rotisserie chicken, pasta Alfredo with herbs and roasted broccoli & carrots

### Chef Inspired

Mac & Cheese. Rich and delicious, personalize your mix-ins

### Global Market

Slow-roasted pork carnitas, arroz con gandules, calabaza, salsa roja

### The Soup Bowl

New England clam chowder

### Sweet Treats

Summer melon with berries

## FRIDAY

### Good Morning

Sausage, egg and cheese on a butter croissant

### Simply Salads

Sweet potato, wild rice and arugula salad with cranberries and cashews

### Grill & Co.

Monterey black bean burger, corn salsa, guacamole and Jack cheese

### Market St. Deli

Cuban panini sandwich, melted Swiss cheese, house slaw

### Italian Kitchen

Buffalo chicken pizza

### The Main Dish

Carved roast turkey breast, pan gravy and all the trimmings

### Chef Inspired

Omelet bar with fresh veggies, premium meats and cheeses

### Global Market

General Tso's chicken or tofu, garlic rice, wok-fired vegetables

### The Soup Bowl

Vegetable beef barley

### Sweet Treats

Apple pie, cinnamon whipped cream

### The Main Dish

Picadillo meatloaf, char-grilled vegetables and buttery mashed potatoes

### Chef Inspired

Italian Parmesan risotto, vegetables, chicken, pork or beef, topped with cheese

### Global Market

Chicken tikka masala, naan, side salads and chutney

### The Soup Bowl

Broccoli cheddar

### Sweet Treats

Double fudge brownies